



The Future is Social Prescribing: Why it's a key to an integrated, accessible, and resilient health system

Social Prescribing Team
October 28, 2024



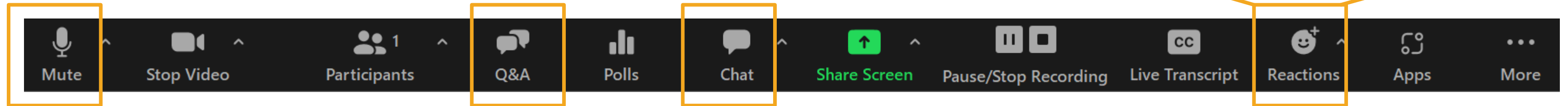
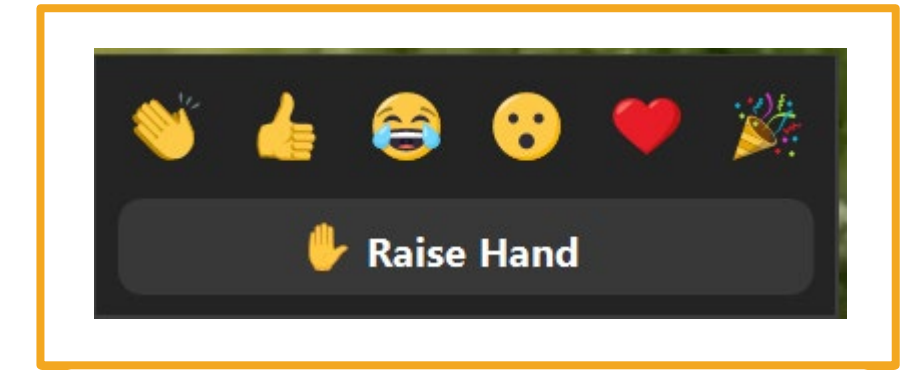
Alliance for Healthier Communities
Alliance pour des communautés en santé

ACKNOWLEDGEMENT OF TRADITIONAL INDIGENOUS TERRITORIES

We recognize that the work of the Alliance for Healthier Communities and Alliance members takes place across what is now called Ontario on traditional territories of Indigenous people who have lived here since time immemorial and have deep connections to these lands. We further acknowledge that Ontario is covered by 46 treaties, agreements and land purchases, as well as unceded territories. We are grateful for the opportunity to live, meet and work on this territory.

Ontario continues to be home to vibrant, diverse Indigenous communities who have distinct and specific histories and needs, as well as constitutionally protected treaty rights. We honour this diversity and respect the knowledge, leadership and governance frameworks within Indigenous communities. In recognition of this, we commit to building allyship relationships with First Nation, Inuit and Métis peoples in order to enhance our knowledge and appreciation of the many histories and voices within Ontario. We also commit to sharing and upholding responsibilities to all who now live on these lands, the land itself and the resources that make our lives possible.

Housekeeping



- Microphones are muted by default.
- You may enter questions through the Q&A panel at any time.
- Please use the Chat function for technical assistance.
- During the Q&A period, you may use the "raise hand" function (under "reactions"), and we'll unmute you when we call on you.

Social Prescribing Team



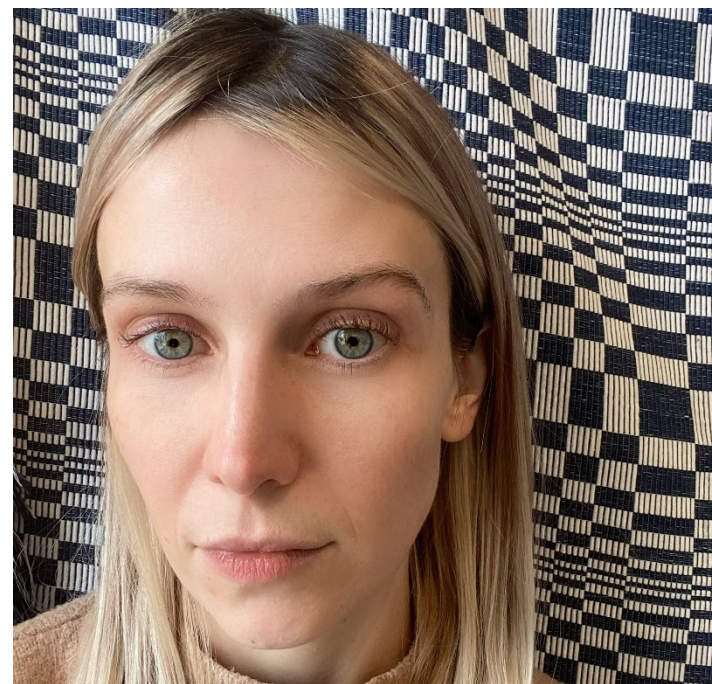
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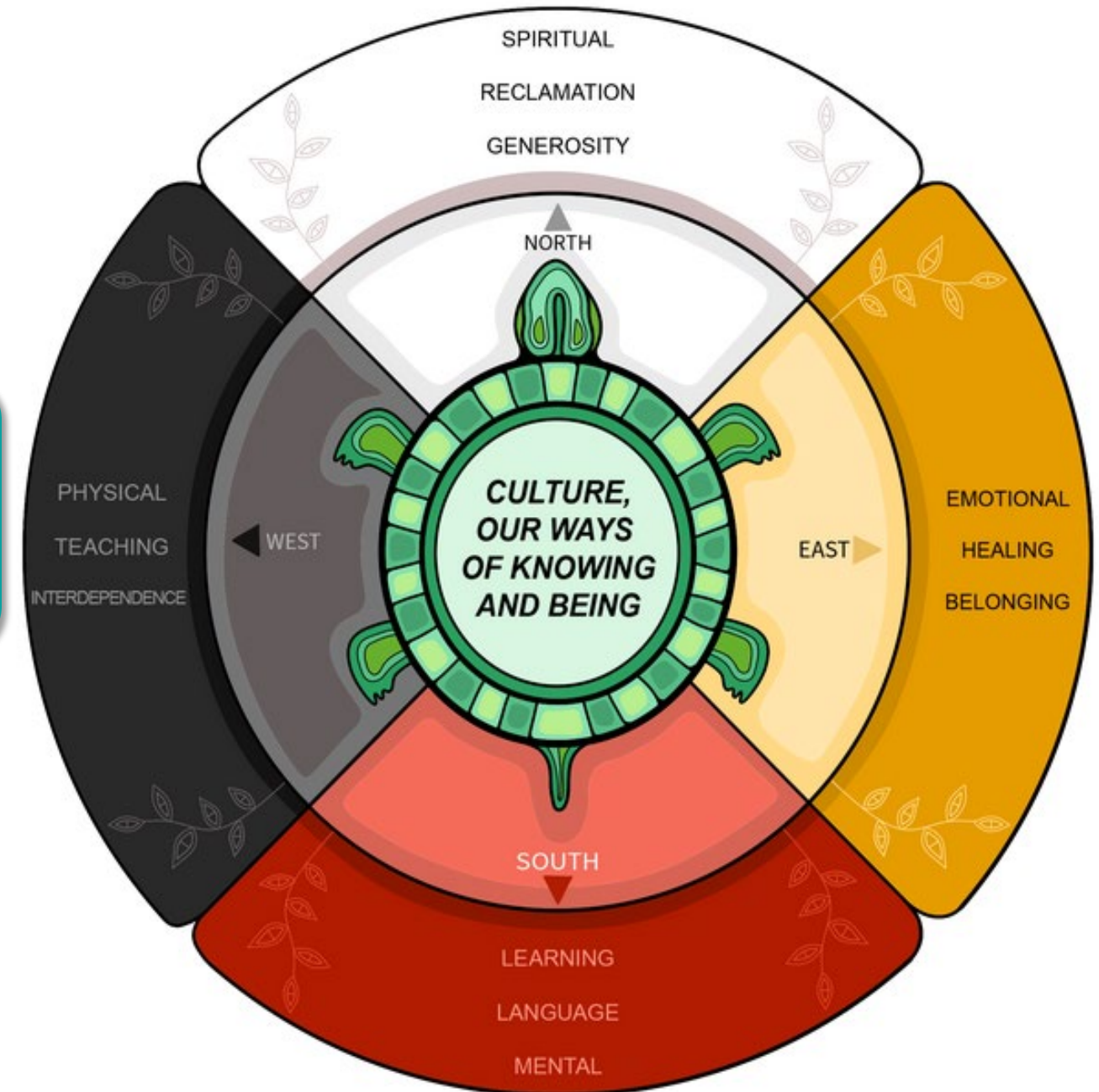


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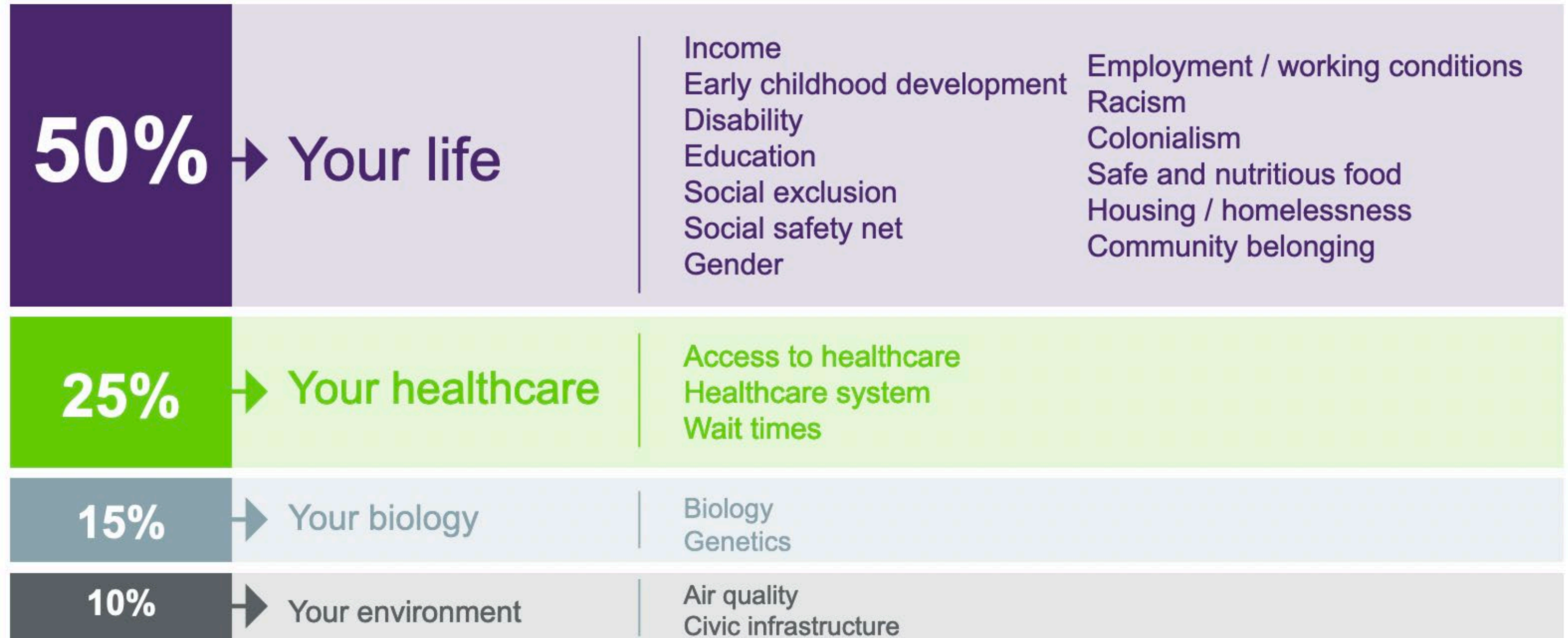
SOCIAL PRESCRIBING AND THE MODEL OF HEALTH & WELLBEING



What matters to you?



What makes Canadians sick?



These are Canada's determinants of health.

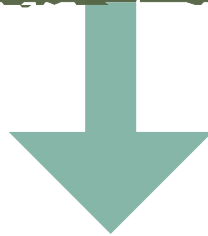
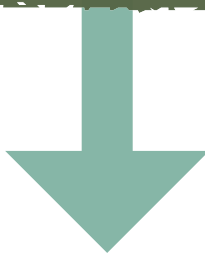
OUR SOCIAL PRESCRIBING JOURNEY



COMMUNITY
COMMUNAUTÉ



SOCIAL
PRESCRIBING
**BLACK
FOCUSED**



**SOCIAL
PRESCRIBING**

for better mental
health

KEY OBJECTIVES



RESULTS – 2018-2024



49% decrease in loneliness

12% increase in mental health

19% increase in social activities



1500+ older adults referred to programs

40% improved connections to community and better mental and physical health

62% decrease in loneliness over 12 months

**SOCIAL
PRESCRIBING**

for better mental
health

2,935 clients reached across all project activities

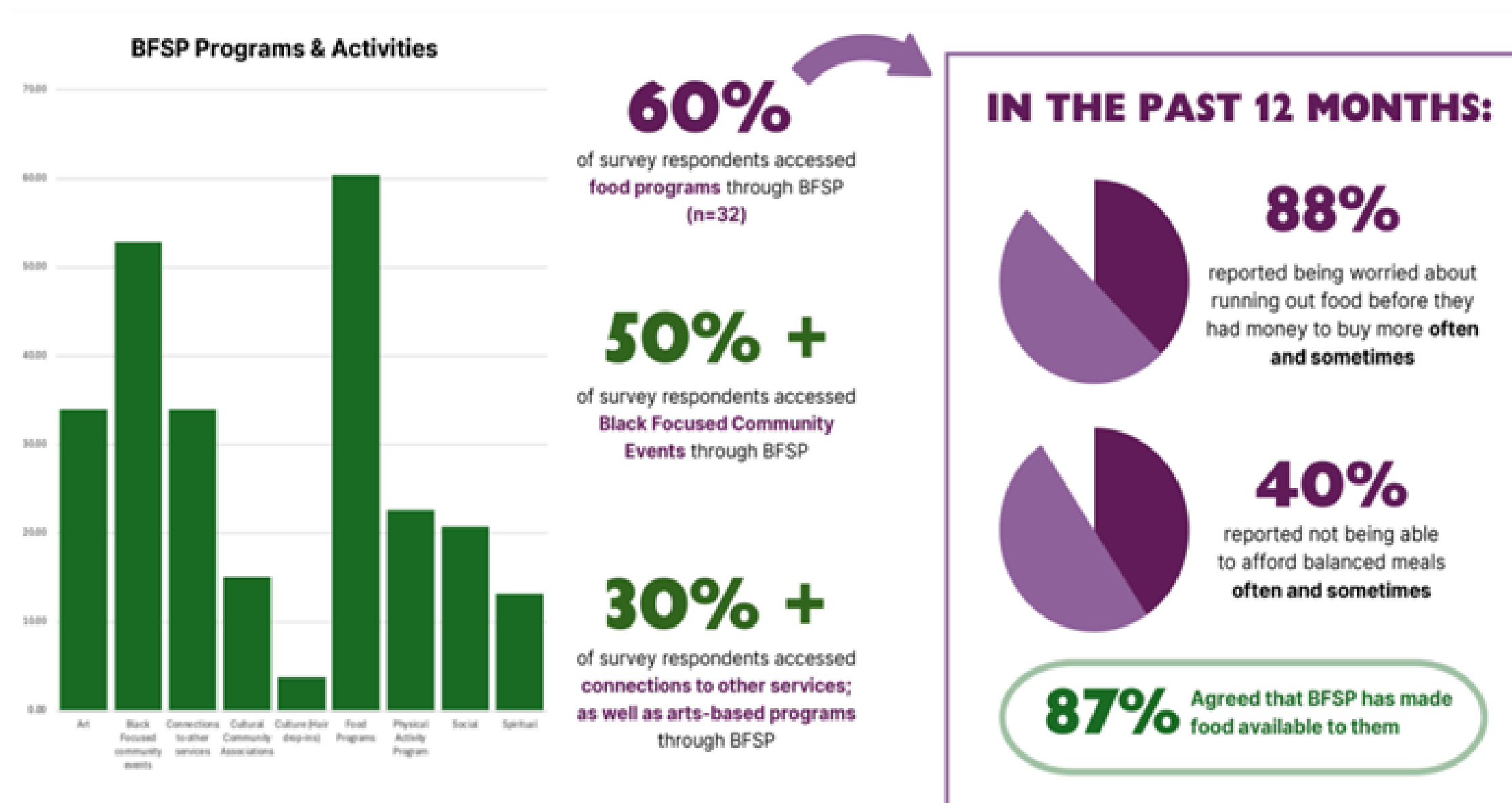
90% improved wellbeing after attending community programs and activities

84% of professionals/service providers agreed that social prescribing helps address clients' complex needs

72% of clients who experienced barriers received support to help them attend programming

KEY RESULTS – BLACK-FOCUSED SOCIAL PRESCRIBING

SUMMATIVE SURVEY: SNAPSHOT OF INTERIM FINDINGS





- Five project profile videos, available online on our **Social Prescribing YouTube channel**
- www.youtube.com/@OntarioSocialPrescribing



Social Prescribing: a resource for health professionals

Search Content 🔍

Developed by:



Centre
for Effective
Practice



Canadian Institute
for **Social Prescribing**
Anchored by the
Canadian Red Cross

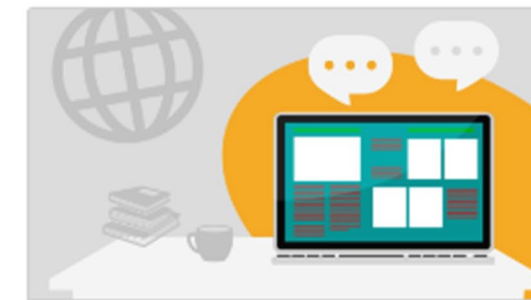


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Advancing Health Equity in Ontario

- <https://tools.cep.health/tool/social-prescribing/>

HOW TO GET INVOLVED

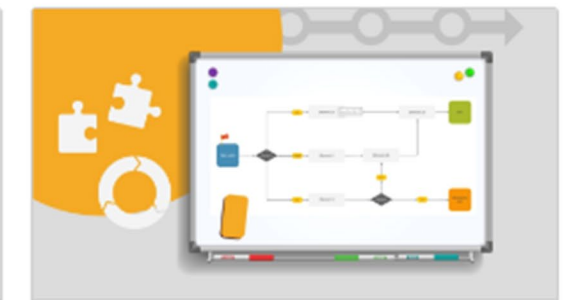
- Ontario Social Prescribing Community of Practice
- Canadian Social Prescribing Community of Practice
- Online Learning Modules
- www.allianceon.org/Social-Prescribing



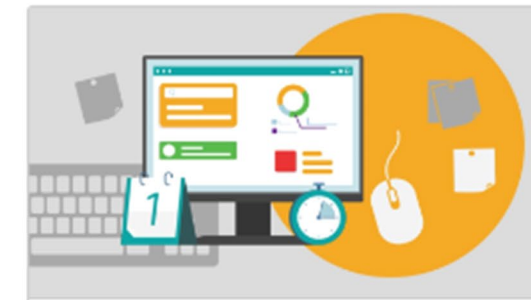
00 | General Introduction



01 | Getting Buy-in From an I...



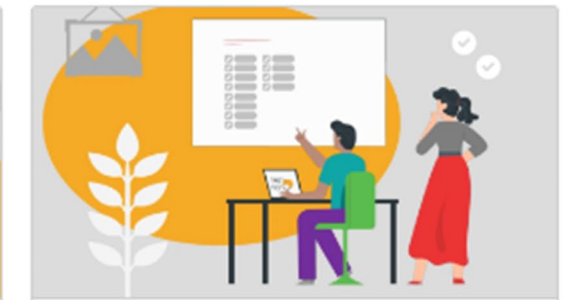
02 | Co-designing a Process M...



03 | Using the EMR to Track t...



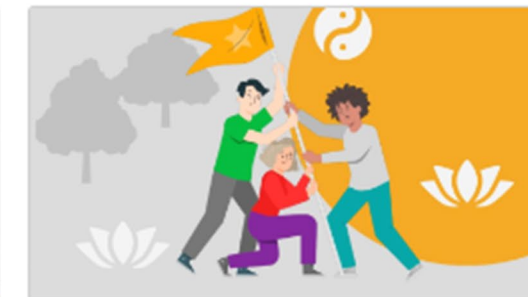
04 | Creating and Maintaining...



05 | Training the Providers



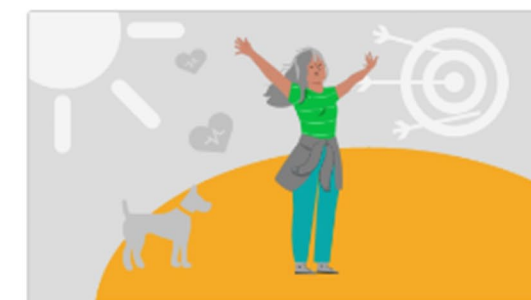
06 | Meeting with Clients



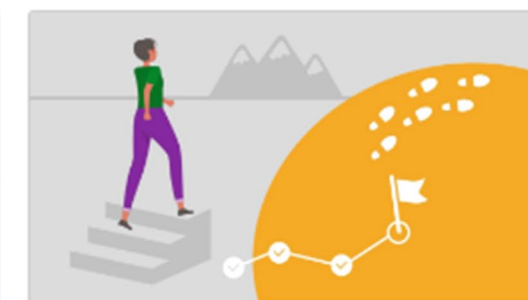
07 | Working with Volunteers



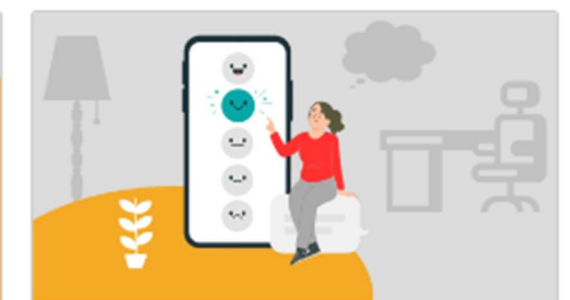
08 | Pilot Testing Your New S...



09 | Using Data to Drive Impr...



10 | Next Steps



11 | Survey

FINAL REPORTS

- Links2Wellbeing Final Report
- Social Prescribing for Better Mental Health Final Report
- LinkWorkers Work Document
- [#keyresources](http://www.allianceon.org/Social-Prescribing)



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LINKS2WELLBEING REPORT



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SOCIAL PRESCRIBING FOR BETTER MENTAL HEALTH REPORT



Alliance for Healthier Communities
Advancing Health Equity in Ontario

Social Prescribing Link Workers Work!

Embed link workers in every interprofessional primary health care team.



Alliance for Healthier Communities
Alliance pour des communautés en santé

Thanks for joining us!

**Interested in more social prescribing
resources and supports?**

Email: socialprescribing@allianceon.org





Thank You

Merci

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